

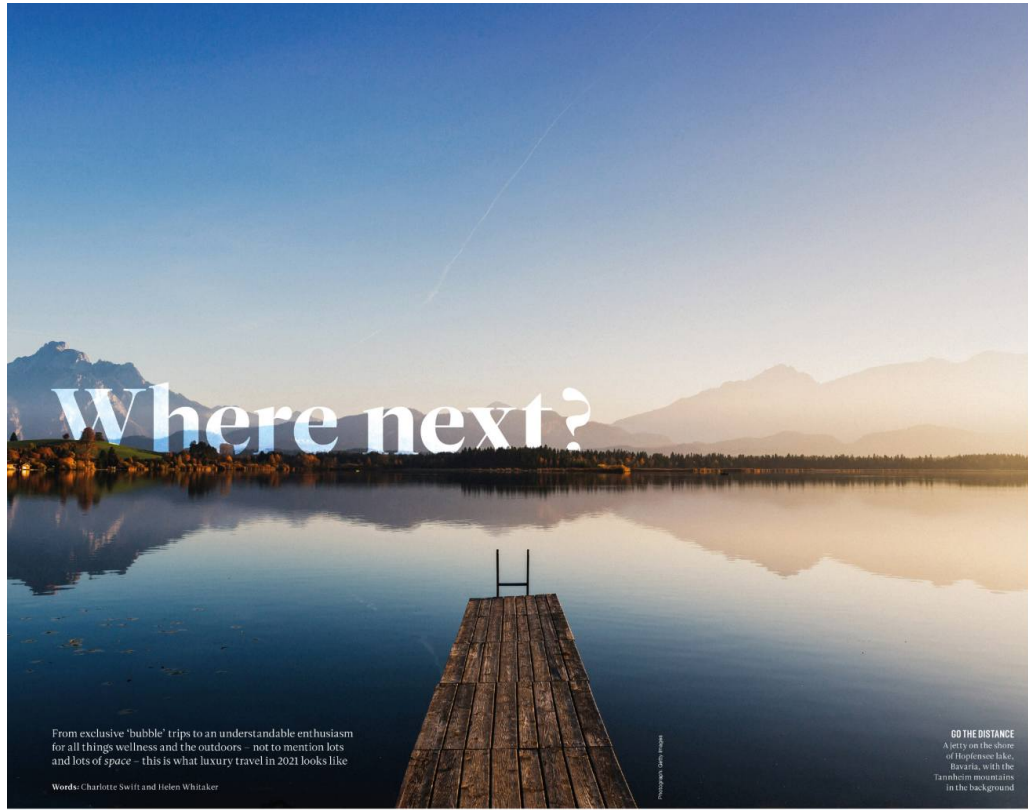


**BA Highlife (Circulation
80,208; Points 13) 1st
December 2020**

(IMAGE 1 OF 4)

HIGH LIFE

YOUR TRUSTED SOURCE OF
TRAVEL INSPIRATION



From exclusive 'bubble' trips to an understandable enthusiasm for all things wellness and the outdoors – not to mention lots and lots of space – this is what luxury travel in 2021 looks like

Words: Charlotte Swift and Helen Whitaker

GO THE DISTANCE
A stay on the shore of Hopensee Lake, Bavaria, with the Tannheim mountains in the background

PHOTOGRAPH BY STEPHEN WILSON

DESTINATION
WORLDS APART

WHERE TO GO FOR...
wellness

KING'S MANSION, GOA

If you can't decide between Western medicine and ancient Ayurveda, this palatial 17-suite property on the shores of northern Goa brings balance. Guests undergo pre-arrival genomic testing (in labs in their country of origin) with the results sent on ahead so that an individualised programme within one of five packages (such as detox or rehydration) can be created. Opens early 2021. kingsmansiongoa.com

RUSH CREEK LODGE, YOSEMITE, USA

Don't go chasing waterfalls – let them come to you at Yosemite's Rush Creek Lodge. The 5,000sqft spa features its own indoor waterfall and river rock beds to recreate the rushing waters, granite formations and wellbeing boost of the National Park in which the resort sits. Try Yoga yoga done on a stand-up paddle board tethered to the side of a 2,400sqft heated saltwater pool – or simply forest bathe in the region's revitalising O2. rushcreeklodge.com

NANA PRINCESS, CRETE

On its own private beach on the north of the island, and with low-level villas and suites with sunken pathways to ensure unobscured sea views, Nana Princess is fy-and-flop beach luxe at its finest. The large spa now offers a menu based on guests' Zodiac signs to suggest where balance is most needed. Leo? You're prone to holding stress in your upper back so a saffron-infused massage may suit. Scapital? You're such a Taurus. nanaprincess.gr

ZULAL WELLNESS RESORT, QATAR

This five-hectare wellness resort is set to be the largest in Qatar and the world's first centre for Traditional Arabic Islamic Medicine. With sea-ast adult-only and family resorts, its therapies centre on the ideas of 11th-century physician-philosopher Avicenna and ancient pillars of medicinal herbs, diet, body-mind therapy and spiritual healing. The idea is to kick-start a holistic health journey. zula.com/qatar

BA Highlife (Circulation 80,208; Points 13) 1st December 2020

(IMAGE 2 OF 4)



WHERE TO GO TO...
be alone, together

|+| LENGISHU, KENYA

If the only animal left on your Big 5 checklist is the rhino, go to Borana Conservancy. Black and white varieties are successfully bred here thanks, in part, to the guests of Lengishu, whose visits help to support the conservation work. Spectacularly set into a ridge at 6,000ft, with rolling views over the Laikipia plains, this family home has six bedrooms with a cluster of stone cottages. Start the day watching the sun rise from your private balcony, head to the bush for breakfast, visit a flower market, go mountain biking, spy animals from the pool and, above all, enjoy the seclusion. lengishu.com

THORPE MANOR, OXFORDSHIRE

Surrounded by 200 acres of estate land, this stunning Georgian manor house is a top spot for immersion in the British countryside. Its 14 bedrooms are available for exclusive use only, and owners Henry and Natasha and a brilliant house team are on hand to help you make the most of your new home. Ask them to arrange a wine or whiskey tasting, flower arranging classes or falconry. Settle in front of the fire in the oak-panelled cinema room, bathe in a restored mosaic tub or play croquet. Or venture a few miles beyond the gates for a day of tank driving and survival training. thorpemanorhouse.co.uk

TIVOLI PALÁCIO DE SETE AIS, PORTUGAL

If you seek something palatial for a large gathering or a multi-gen break, try this 50-room gem. There's plenty of space, and, not surprisingly for a former royal residence, the interiors are filled with tapestries and chandeliers. Bedrooms offer views of the gardens, pool or wooded mountains behind, and there's an Anantara spa. With Unesco-listed Sintra on your doorstep, there's plenty of opportunity to go antique shopping or get lost among the colourful townhouses and cobblestone streets. tivolihotels.com



|+| PARAGON 700, PUGLIA

The distinctive red facade of this 11-room palazzo is even more striking given the dazzling whitewashed city of Ostuni forms its backdrop. Paragon 700's four-year restoration was a labour of love for its interior-design owners, whose previous projects include hotels and restaurants in Cape Town and New York. Fireplaces, stone vaults and frescoed ceilings date from the 17th century, while antiques have been sourced from across the world. Want a moment to take home? You can buy some of the furniture. The subterranean former water cistern is now the spa and there's an outdoor pool. Head to the coast on the hotel's private boat or reserve a sun lounger at its beach club. paragon700.com

Photographer: Alessandro Neri/Photo: North Photography, London/Photo: Paragon



|+| SHETLAND ISLANDS

The Shetland Islands have surprisingly little rain given their position between Scotland and Norway. For a true sense of reconnecting with nature, these remote islands are hard to beat, with their unspoilt beaches and secluded coves. Go to visit the precariously perched Muckle Flugga lighthouse, the islands of Unst and Yell – the most northerly part of Britain – and the RSPB's Sandness Head for bird-watching and sea mammal spotting (dolphins, porpoises, killer and minke whales). Still not remote enough? Take a short flight to Fair Isle, where the only place to stay is the bird observatory. It will reopen (following a fire) later in 2021. Take a stick to deter the dive-bombing skuas. shetland.org

DESTINATION
WORLDS APART

WHERE TO GO FOR...
new experiences

EMILIA ROMAGNA, ITALY

Gastronomes will already be familiar with Bologna's pasta, Modena's balsamic and Parma's ham, but this less-trodden region in northern Italy is also something of a cultural hotspot. The coastal party town of Rimini recently welcomed PART, a new contemporary art museum in a pair of restored buildings. And a short hop up the coast to Ravenna lets Dante admirers track the places that inspired *The Divine Comedy* through events being held in 2021 to commemorate seven centuries since the poet's death. emiliaromagnaturismo.it



(IMAGE 3 OF 4)

BA Highlife (Circulation
80,208; Points 13) 1st
December 2020



| ← | PARAGON 700, PUGLIA

The distinctive red façade of this 11-room palazzo is even more striking given the dazzling whitewashed city of Ostuni forms its backdrop. Paragon 700's four-year restoration was a labour of love for its interior-design owners, whose previous projects include hotels and restaurants in Cape Town and New York. Fireplaces, stone vaults and frescoed ceilings date from the 17th century, while antiques have been sourced from across the world. Want a memento to take home? You can buy some of the furniture. The subterranean former water cistern is now the spa and there's an outdoor pool. Head to the coast on the hotel's private boat or reserve a sun lounger at its beach club. paragon700.com

**BA Highlife (Circulation
80,208; Points 13) 1st
December 2020**

(IMAGE 4 OF 4)