

Epicurean Life Online (UMV N/a; Points N/a) 18th November 2020

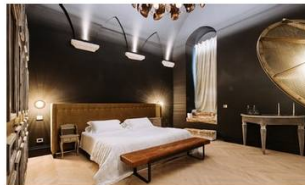
(IMAGE 1 OF 2)

Delve deep into relaxation in Ostuni, Italy with Paragon 700

Once a Palazzo Rosso, now lovingly restored into the newly opened 5-star Paragon 700 Boutique Hotel & Spa is a unique addition to Puglia's White City.



The stunning and picturesque region of Puglia in Italy is home to the new and stunning hotel and sanctuary of wellbeing in the midst of buzzing Ostuni. The red brick walls of the 18th century palace harbour more than just a fascinating history, luxurious accommodation and traditional cuisine. A modern and eclectic underground spa in the former water chamber, a large and tranquil garden and the only swimming pool in the city, can all be discovered inside.



Nestled seven meters underground, the palace's former water chamber has been transformed into an elegant bijou spa, home to a Turkish bath, Himalayan salt wall, multi-sensory shower and a natural whirlpool dug deep into the ground. Here, guests can indulge in a range of luxurious treatments to soothe and revitalise the body and mind. From the Aromatherapy Rebalancing Massage to help aid sleep and stress, to the Shirodara Massage derived from the ancient Indian Ayurveda medicine, which uses warm, energy-infused oil poured slowly onto the forehead to calm the mind and alleviate muscle tension.



With a rare and tranquil outdoor space in the heart of the city, guests staying at Paragon 700 Boutique Hotel & Spa also have the opportunity to book personalised yoga or Pilates classes in the hotel's outdoor open-air lounge or in a secluded corner of the verdant garden. Just a 30-minute scenic drive from Brindisi Airport, Paragon 700 Boutique Hotel & Spa offers an effortless and elegant escape with outstanding design and service coupled with unrivalled experiences.

The Spa is exclusively for use of hotel guests. 60-minute spa treatments start from €75. Nightly rates at Paragon 700 start from €300 based on two people sharing a room on a bed and breakfast basis.

www.paragon700.com

[Back](#)

Epicurean Life Online (UMV N/a; Points N/a) 18th November 2020

(IMAGE 2 OF 2)

[Back to Top](#) ^



Subscribe



[About](#)

[Contact](#)

[Terms & Conditions](#)

Copyright © 2020 Epicurean Life. All Rights Reserved

GRIFCO
AN MMGYGLOBAL COMPANY