

# Paragon 700 SPA Rituals



PARAGON 700

boutique hotel & spa



**3 hours and 30 minutes**  
**Euro 300.00**  
**per person**

## **PARAGON EXCLUSIVE WELLNESS & BEAUTY**

The old water cistern of the Palazzo Rosso found a new life as a unique SPA nestled 7 meters below ground.

Our expert staff will be at your disposal to accompany you on a journey designed to regenerate your body and mind.

Turkish bath

Jacuzzi

Mud pack

Shower spa and Himalayan salt wall therapy

Relaxing massage

Facial treatment

**2 hours and 30 minutes**  
**Euro 210.00**  
**per person**

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## **SALT RITUAL**

A unique ritual which encompasses all the properties of Himalayan salt; which is effective against anxiety, insomnia and concentrates on disorders and free radicals.

The ritual begins with the Turkish bath, which promotes the elimination of toxins and stimulates cell renewal.

Continue with a Himalayan salt and olive oil scrub, followed by spa shower and then move onto the area where the Himalayan salt wall is located, which offers the benefits of halotherapy combined with chromotherapy.

A relaxing massage ends the ritual with the end result of feeling totally aligned with physical and mental well-being plus regenerated and radiant looking skin.



**3 hours**  
**Euro 250.00**  
**per person**

## **PARAGON SPA DETOX**

The ritual begins with the Turkish Bath which promotes the elimination of toxins, then continues with the scrub, which is designed to remove the dead skin cells and promotes cell renewal.

The spa shower will evoke pleasant sensations by stimulating all your senses.

The mud pack will provide the whole body with the necessary minerals to enable the skin's well-being.

The whirlpool bath welcomes you with all its benefits and a detoxifying massage concludes the ritual.

At the end you will feel completely regenerated and renewed.

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# Body Massages

60 minutes  
Euro 90.00

## RELAXING MASSAGE

Helps to relax the muscles from accumulated tensions in the body, eliminates fatigue, relieves pain, plus preserving and improving well-being by easing tension in the body and states of stress.

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60 minutes  
Euro 90.00

## AROMATHERAPY REBALANCING MASSAGE

Recommended for promoting peaceful sleep and relaxation, it is an anti-stress massage which encompasses the whole body using lavender essential oil, which has a sedative and analgesic effect, suitable for all energy imbalances.

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60 minutes  
Euro 120.00

## AYURVEDA MASSAGE

This massage is designed to promote and stimulate psychophysical well-being, whilst trying to achieve a perfect balance and harmony between the body the mind.

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90 minutes  
Euro 160.00

60 minutes  
Euro 120.00

## SHIRODARA MASSAGE

This massage is derived from the ancient Indian Ayurveda medicines, which, for centuries have been considered capable of preserving youth. Thanks to the energy infused hot oil that runs on the forehead, it is a source of vitality and youth whilst calming the mind and eliminating muscle contractions.

90 minutes  
Euro 160.00



60 minutes  
Euro 120.00

90 minutes  
Euro 160.00

60 minutes  
Euro 130.00

60 minutes  
Euro 75.00

60 minutes  
Euro 90.00

### **PINDASWEDA MASSAGE**

Fantastic massage which originates from India, creating relaxing emotions, by using a special warm cotton bag that contains a mixture of herbs, spices and sand. Its purpose provides heat to the treated areas, promoting the elimination of toxins.

Effective for arthritis, cellulite, water retention

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### **THAI MASSAGE**

Ancient technique Chinese medicine massage, that combines acupressure points and assisted stretching. The aim of the massage is for the the body to achieve a state of feeling light and energetic rebalancing. The massage is performed without oil.

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### **SWEDISH MASSAGE**

Classic western massage that, through the motions of brushing, rubbing and “kneading” the body, favours the achievement of a physical and well-being mental state.

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### **HOT STONE MASSAGE**

Massage performed with the use of hot stones (lava stones) and essential oils, encourages the muscles to relax, relieves pain whilst improving blood circulation



60 minutes  
Euro 100.00

90 minutes  
Euro 130.00

30 minutes  
Euro 60.00

### **MEDITERRANEAN DRAINING MASSAGE**

Draining massage, with the use of essential oils and aromatic extracts from the Mediterranean.

Aids the improvement of circulation with a detoxifying effect.

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### **BACK & NECK MASSAGE**

Localized neck and back massage with a de-contracting and relaxing effect.

Eliminates muscle tension and enhances a general state of well-being.



# Body Treatments

90 minutes  
Euro 120.00

## **DRAINAGE TREATMENT (AROMATHERAPY BANDAGE)**

Intensive aromatherapy treatment with the use of bandage, which gives an immediate sensation of lightness of the legs, improves circulation, reduces swelling and stimulates lipolytic action. The treatment does not contain iodine.

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90 minutes  
Euro 120.00

## **DETOXIFYING THERMAL TREATMENT**

Detoxifying treatment, through the use of blended essential oils, promotes a deep purification of the tissues, whilst the algae Fucus and Laminaria promote lipolytic action.

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90 minutes  
Euro 120.00

## **TONING TREATMENT**

Firming treatment with a deep toning effect which is ideal for everyone. Gives the skin elasticity and restores hydration, therefore is ideal as an after-sun treatment. A sensory experience to create softer and more elastic skin, which is safe and is effective even during pregnancy.

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90 minutes  
Euro 120.00

### **REVITALIZING PURIFYING TREATMENT**

Mud treatment that purifies, revitalizes and tones the body. Ideal for those looking for a sensation of deep renewal and purification, and for those who need to relieve the pains and ailments associated with joint problems and muscle tension.

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60 minutes  
Euro 90.00

### **AROMASOUL SCRUB**

Treatment ideal for those who are needing a deep exfoliation of the body to remove dead skin cells and restore and nourish the skin to it being velvety soft. Ideal for relaxation and general well-being.



# Beauty Treatments

90 minutes  
Euro 90.00

## **HAND AND/OR FEET TREATMENT**

Regenerating and moisturizing hand or foot treatment with the use of products from our region. A salt and lemon scrub, a deep moisturizing and regenerating mask, a massage with olive oil. A treatment that pays particular attention to the care of nails and cuticles which will result in aesthetically perfect hands and feet.

60 minutes  
Euro 40.00

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## **AESTHETIC MANICURE OR PEDICURE WITH ENAMEL APPLICATION**

60 minutes  
Euro 50.00

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## **AESTHETIC MANICURE OR PEDICURE WITH SEMI-PERMANENT ENAMEL APPLICATION**



## WAXING

Hair removal service with traditional techniques with the use of high quality natural.

Lip	Euro	5.00
Eyebrow	Euro	7,00
Armpit	Euro	10,00
Arms	Euro	15,00
Upper leg	Euro	15,00
Half leg	Euro	20,00
Complete legs	Euro	30.00
Complete legs and bikini	Euro	50.00
Back and chest (for men)	Euro	40.00

## HAIRDRESSER BY APPOINTMENT

(price on consultation)

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## MAKE UP

For a special evening, for an event or simply to enhance your natural beauty, we are available. Make up artist services carried out by our expert staff (price on consultation)



# Facial Treatments

60 minutes  
Euro 90.00

## **IDRAMEMORY TREATMENT**

Deep moisturizing and antioxidant treatment for the face, neck and décolleté. It leaves the skin feeling hydrated and silky, restores firmness, nourishes and radiates. It prevents dehydration and the first signs of aging thanks to fragments of hyaluronic acid and a specific massage performed by expert hands.

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60 minutes  
Euro 90.00

## **REMEDY TREATMENT (SENSITIVE SKIN)**

Renewing, fortifying and soothing treatment, fragrance-free recommended for sensitive, fragile and reddening skin. Smooths and restores the protective barrier of the skin through a very delicate dermafin action. Ideal treatment after sun exposure.

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60 minutes  
Euro 90.00

## **ANTIOXIDANT TREATMENT**

Nourishing, multivitamin antioxidant treatment for face, neck and décolleté with a repairing and protective action. Ideal for undernourished, dry, stressed and tired skin. It protects the skin against damage caused by free radicals, nourishes, repairs and gives silkiness.

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60 minutes  
Euro 90.00

## **LONGEVITY TREATMENT**

Treatment with a high concentration of powerful botanical active ingredients and high-tech molecules. It counteracts the effects of pollution and stress, also ideal for male customers. The perfect antidote to rejuvenate stressed skin and specifically counteract skin aging.